INTRO

We are given this tiny fuckedup version of "sex-ed." in school. Some of us are taught to be ashamed, silent and passive - others are taught to be ashamed, silent, and aggressive to over compensate But none of us are taught how to ask questions, know that we can have boundaries or how to assert them!

We think consent is a key part of "sex-ed." that is left out. We also think it's important for people of all ages to be inconstant dialogue about safe and healthy sex. None of us are too old to learn about this stuff.

consent can never be assumed, consent isn't defined the same by everybody, consent is verbal, consent can be nenverbal including body language, consent is never assumed with strangers OR long term partners, consent is an ongoing process at each new stage, consent is only possible when so is healthy communication.

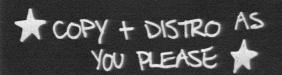
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THIS IS ONLY THE START!

THINK ABOUT DRINKING, DRUGS + CONSENT.

THINK ABOUT SURVIVOR SUPPORT.

THINK ABOUT HAVING WORKSHOB DISCUSSIONS + POTLUCKS TO TALK ABOUT SAFE + HEALTHY SEX





TALK TO FRIENDS, DATES, LOVERS, PARTNERS, ROOMMATES, OR WHOEVER ABOUT CONSENT!

HERE ARE SOME QUESTIONS (TAKEN FROM CINDY - WHO DOES THE "DORIS" ZINE) TO GET YOU STARTED:

how do you define consent?

do other people define it differrently?

are you sure about your own intentions?

how does drinking effect consent?

do you think about people's abuse histories?

have you ever been unsure about whether or not the person you were being sexual with wanted to be doing what you were doing? did you talk about it? ignore it?

do you think it;s the other person's responsibility to say if they aren't into what you're doing?

do you check in as things progress or do you assume the original consent means everything is ok?

how might someone express that what is happening is not ok?

do you think consent is sexy?

how does consent change in long term relationships?

do you think it's possible to misinterpret silence for consent?

NO MEANS NO

NOT NOW MEANS NO

WAIT... MEANS NO

I'D RATHER BE ALONE MEANS NO

NO THANKS MEANS NO

I HAVE A BOY/GIRLFRIEND MEANS NO

MAYBE LATER MEANS NO

LET'S JUST GO TO SLEEP MEANS NO

UHHH...MEANS NO

IT HURTS MEANS NO

FUCK YOU MEANS NO (FUCK ME MEANS YES)

I'M NOT IN THE MOOD MEANS NO

YOU'RE NOT MY TYPE MEANS NO

SILENCE MEANS NO

STAYING STILL MEANS NO

I REALLY LIKE YOU BUT...

MEANS NO

YOU'RE/I'M DRUNK MEANS NO

NOT KISSING BACK MEANS NO

I'M NOT SURE MEANS NO

YOU'VE/I'VE BEEN DRINKING MEANS

STOP MEANS NO

DON'T TOUCH ME MEANS NO

FUCK OFF MEANS NO



here are some ways to ask in the heat of the moment. but don't forget talking about it when you're not half naked is always better

may i	?
touch	?
kiss	?
put my	?
Are you into this	?
How are you feeli	ng?
What would you li	ke me to do?
I think it; s hot	when my partner
doesto	me.
What do you like?	
Would you like it	if i ?
Where do you see this going?	
What should I look for if you	
start to shut	down?

DERINE

how do you define consent?
write it down
and keep it in your pocket



write a list of your goals for future sex and then write how to achieve them.

keep it in your pocket

write a list of current boundaries keep it in your pocket